

Kiteboarder Level 3

Level	Competences
J-3	<ul style="list-style-type: none">● Know the right of way rules.● Ride away from the shore and come back to the shore.
K-3	<ul style="list-style-type: none">● Edge on the heel and toe side to change the course.● Accelerate by edging down and moving the kite.● Stop by edging.● Be able to keep an edge.
L-3	<ul style="list-style-type: none">● Ride away from the shore and come back at starting point. Ride upwind.● Constantly ride upwind.
M-3	<ul style="list-style-type: none">● Recover the board without the leash, by body dragging upwind.● Ride a twin tip. Optional if it has been done before.● Switch of direction.
N-3	<ul style="list-style-type: none">● Know the theoretical approach to jumps.● Perform a small jump and land it.